

The art of **learning**

Learning improvement courses for students of all ages

Developing Resilient Learners

Four, one-day activity based courses now available to help every student motivate themselves, learn more effectively and achieve greater success at school:

For Years 7, 8, 9, 10

LEARNING ABOUT LEARNING

– thinking and learning skills for success at school

- understanding the processes of thinking and learning
- identifying their own most effective learning style
- creating a positive attitude towards learning
- making memorable classroom and study notes

For Years 12 & 13

HIGHER LEARNING – the organisation and high speed information processing skills needed for success at a high academic level

- managing time effectively
- overcoming procrastination
- processing academic information quickly and effectively
- making summaries of key information
- writing academic papers

For Years 10, 11, 12 & 13

NCEA SUCCESS - practical skills for study and achieving well in all examinations

- keeping focused and motivated throughout the year
- overcoming obstacles and challenges to study
- time management
- developing a flexible learning style
- using key word summarising
- dealing with pressure and stress

For all students (Years 9-13) including those identified as 'Gifted and Talented'
LEARNING RESILIENCE

- thinking in general and their own thinking in particular
- the nature of intelligence and talent and the potential for development
- the characteristics of resilience
- thinking strategies for overcoming challenges and coping with difficulties
- the role of belief and attribution in motivation
- the experiential process for learning from mistakes

Over 150,000 teenagers through our courses in New Zealand and five other countries in the last 16 years



THE ART OF LEARNING

FREEPHONE 0800 888 998 - Email taolearn@xtra.co.nz - www.taolearn.com

2010 feedback from students:



...about our courses

"Really interesting, felt very engaged, very worthwhile" - Michael Park School

"Really helpful for learning and making the most of my life, this course is truly life changing" – Tauranga Girls' College

"Extremely helpful towards my studies" – Mangere College

"Good because I learnt a lot of useful things that will help me a lot in my future" – Pinehurst

"Awesome. It was exciting, interesting and engaged our brains with new ideas" – Mckenzie College

"Very interesting, motivating, exciting, awesome" – Whangarei Girls' High School

"Very educating and very useful when exam time (and study time) comes" – Gisborne Boys' High School

"A great learning experience that will definitely help me and benefit me in the future" – Hillcrest High School

"Really good and filled with information, it really helped me and I really enjoyed it" – Dunstan High School

"Very good, should be more like it, I learnt a lot and enjoyed it" – Wairarapa College

"Really, really, really, really x1000 good because I used to have no idea how to study" – Wanganui Collegiate

"Amazing. Learned heaps and it made me excited to study!" – Kingsway School

"Awesome and a brilliant way of learning how to study for NCEA" – Kelston Girls' High School

"Very informative and very helpful, gave me a lot of useful information and techniques for studying" – Hamilton Boys' High School

"Very interesting and Helpful" – Onewhero Area School

"A great experience, it taught me a lot of things that will help me with my study for NCEA" – Central Hawkes Bay College

"Great. It was interesting to learn so many new things. I now feel I have the skills to prepare myself for successful exams" – Waitara High School

"Great, learned new and interesting things, well presented" – St Peter's School



...about our presenters

"Really enthusiastic and inspirational. He clearly was very knowledgeable about this topic and it really showed in the presentation" – Michael Park

"Great, really nice and open to discussion which was brilliant. Taught me a lot, was friendly and funny and related to us well" – Tauranga Girls' College

"Very clear in what he wanted us to do, explained everything well and easy to understand" – Mangere College

"Excellent because he knew what he was doing and he was passionate about it" – Pinehurst

"Great. He was a good speaker and related to us well" – Mckenzie College

"Very good. He was encouraging. He spoke clearly and was helpful. It was great!" – Whangarei Girls' High School

"Knowledgeable but with a good sense of humour that kept me drawn in and learning" – Gisborne Boys' High School

"Excellent, he connected well with me and my

class. He had a way of explaining things that made you enthusiastic" – Hillcrest High School

"Friendly, educational, funny, positive. He spoke clearly and helped me understand how the human brain works" – Dunstan High School

"Great he really got us focused and into what we were doing" – Wairarapa College

"Awesome! Very fun and cool, he presented his message to us very well" – Wanganui Collegiate

"A great, captivating speaker with plenty of great ideas on studying and completing exams" – Kingsway School

"Awesome, he explained everything really clearly" – Kelston Girls' High School

"Really, really, really good, he was excellent, taught me a lot of valuable things" – Hamilton Boys High School

"Very good, made it fun and kept us interested" – Onewhero Area School

"Engaging, passionate about what he was doing and friendly" – Central Hawkes Bay College

"Awesome, funny, energetic, easy to get along with. Also made things a lot easier to understand" – Waitara High School

"Very good and enthusiastic. He made it very easy to understand and answered all questions" – St Peter's School